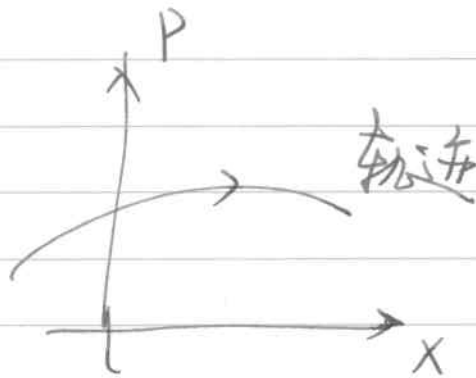


# 相干态

1) 动机:

经典物理中



QM中

$$\Delta x \cdot \Delta p \geq \frac{\hbar}{2} \Rightarrow \text{放弃“轨道”——几率波}$$

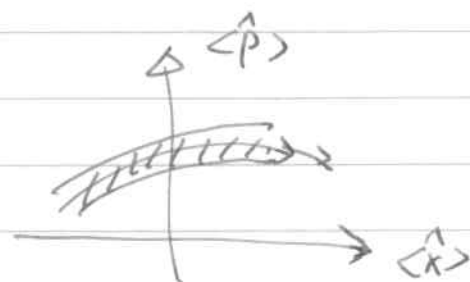
问题: 是否有量子满足  $\Delta x \cdot \Delta p = \frac{\hbar}{2}$  (最小不确定关系)

同时在此不确定范围内, 其平均值  $\langle x \rangle$  和  $\langle p \rangle$

仍可用经典轨道来描述?

(1)  $\Delta x \cdot \Delta p = \frac{\hbar}{2}$

(2)  $\langle x \rangle$  versus  $\langle p \rangle$



$\Rightarrow$  薛定谔的相干态

2) 最小不确定态  $\Delta x \cdot \Delta p = \frac{\hbar}{2}$

我们推导出

$$\psi(x) = C e^{i \frac{\langle p \rangle x}{\hbar}} e^{-\frac{(x - \langle \hat{x} \rangle)^2}{4(\Delta x)^2}}$$

$$\left\{ \begin{array}{l} \Delta x = \Delta p = \sqrt{\frac{\hbar}{2}} \Rightarrow \Delta x^2 = \frac{\hbar}{2} \\ \downarrow \end{array} \right.$$

$$\psi(x) = C e^{i \frac{\langle p \rangle x}{\hbar}} e^{-\frac{(x - \langle \hat{x} \rangle)^2}{2\hbar} m\omega}$$

(高斯波包)

① 自由粒子的 高斯波包

$t=0 \rightarrow t$  时刻 扩散  $\Delta p$  不变  
 $\Delta x$  变大

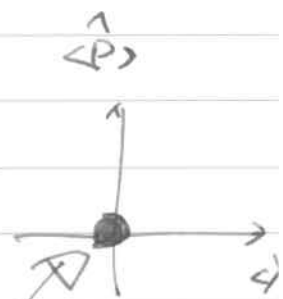
$\Rightarrow$  不再满足  $\Delta x \Delta p = \frac{\hbar}{2}$

② 谐振子基态

$$\langle \hat{p} \rangle = \langle \hat{x} \rangle = 0$$

$$\psi_0(x) = \left(\frac{m\omega}{\pi\hbar}\right)^{1/4} e^{-\frac{m\omega x^2}{2\hbar}}$$

基态始终满足  $\Delta x \cdot \Delta p = \frac{\hbar}{2}$

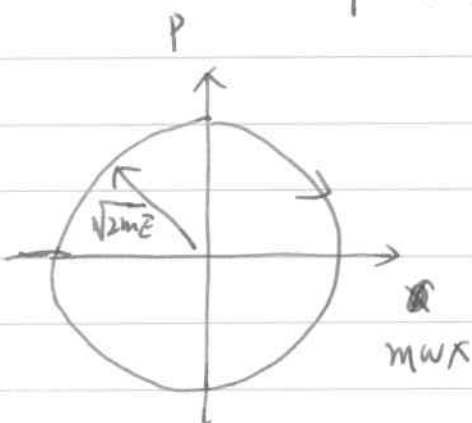


### 3) 运动的最小不确定波包

简谐振子无疑是个非常好的研究对象。

经典振子:  $E = \frac{p^2}{2m} + \frac{1}{2}kx^2$

$$p^2 + (m\omega x)^2 = 2mE, \quad \omega = \sqrt{\frac{k}{m}}$$



$$z = \frac{m\omega x + ip}{\sqrt{2mE}}$$

$$z(t) = z_0 e^{-i\omega t}$$

\* 如何实现运动的波包?



小角度单摆

初始条件: 偏离平衡位置

经典单摆

\* 量子力学中, 对简谐振子基态做一个平移

$$t=0 \text{ 时刻 } \langle \hat{x} \rangle = x_0 \neq 0$$

$$\langle \hat{p} \rangle = p_0 \neq 0$$

$$\psi(x, t=0) = c e^{\frac{i p_0 x}{\hbar}} e^{-\frac{m\omega(x-x_0)^2}{2\hbar}}$$

不是纯实数  
随时间变化

4) 偏移波包仍是  $\hat{a}$  的本征态 —— 满足最小不确定关系

$$\psi(x, t=0) = c e^{\frac{i p_0 x}{\hbar}} e^{-\frac{m\omega(x-x_0)^2}{2\hbar}}$$

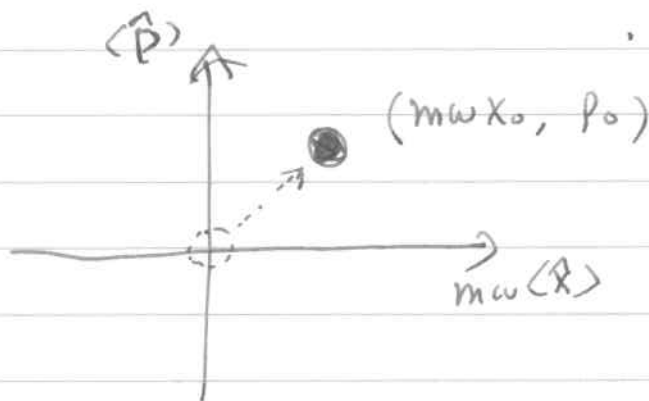
满足:  $(\hat{p} - p_0) \psi(x, 0) = i m \omega (x - x_0) \psi(x, 0)$

即  $(m\omega \hat{x} + i \hat{p}) \psi(x, 0) = (m\omega x_0 + i p_0) \psi(x, 0)$

因为  $\hat{a} = \frac{m\omega \hat{x} + i \hat{p}}{\sqrt{2\pi\hbar m\omega}}$

$\hat{a} \psi(x, 0) = z_0 \psi(x, 0) = \frac{m\omega x_0 + i p_0}{\sqrt{2\hbar m\omega}}$

$\Rightarrow$  满足  $\Delta x \cdot \Delta p = \frac{\hbar}{2}$



5) 偏移波包在简谐振子势中随时间的变化行为为

⇒ 是否仍处于最小不确定态 ( $\Delta x \cdot \Delta p = \frac{\hbar}{2}$ )  
 或是否仍是  $\hat{a}$  的本征函数?

设  $\hat{H} \phi_n = E_n \phi_n = \hbar \omega (n + \frac{1}{2}) \phi_n$

$$\psi(x, t=0) \equiv \psi(x_0, p_0) = \sum_n C_n \phi_n(x)$$

$$\psi(x, t) = e^{-\frac{i\hat{H}t}{\hbar}} \psi(x_0, p_0)$$

\* 下面我们检验  $\hat{a} \psi(x, t)$

$$\hat{a} \psi(x, t) = \hat{a} e^{-\frac{i\hat{H}t}{\hbar}} \psi(x_0, p_0)$$

$$= e^{-\frac{i\hat{H}t}{\hbar}} \underbrace{e^{\frac{i\hat{H}t}{\hbar}} \hat{a} e^{-\frac{i\hat{H}t}{\hbar}}}_{\hat{a}}$$

其中

$$e^{\frac{i\hat{H}t}{\hbar}} \hat{a} e^{-\frac{i\hat{H}t}{\hbar}} \psi(x_0, p_0)$$

$$= e^{\frac{i\hat{H}t}{\hbar}} \hat{a} e^{-\frac{i\hat{H}t}{\hbar}} \sum_n C_n \phi_n$$

$$= \sum_n C_n \left( e^{\frac{i\hat{H}t}{\hbar}} \hat{a} e^{-\frac{i\hat{H}t}{\hbar}} \right) \phi_n$$

$$= \sum_n C_n e^{-i(n+\frac{1}{2})\omega t} \left( e^{\frac{i\hat{H}t}{\hbar}} \hat{a} \phi_n \right)$$

$$= \sum_n C_n e^{-i(n+\frac{1}{2})\omega t} e^{i(n-\frac{1}{2})\omega t} \hat{a} \phi_n$$

$$= \sum_n C_n e^{-i\omega t} \hat{a} \phi_n = e^{-i\omega t} \hat{a} \underbrace{\sum_n C_n \phi_n}_{\psi(x_0, p_0)}$$

$$= e^{-i\omega t} \hat{a} \psi(x_0, p_0)$$

$$= e^{-i\omega t} z_0 \psi(x_0, p_0)$$

故,  $\hat{a} \psi(x, t) = e^{-\frac{i\hat{H}t}{\hbar}} \left( e^{\frac{i\hat{H}t}{\hbar}} \hat{a} e^{-\frac{i\hat{H}t}{\hbar}} \right) \psi(x_0, p_0)$

$$= e^{-\frac{i\hat{H}t}{\hbar}} \left[ e^{-i\omega t} z_0 \psi(x_0, p_0) \right]$$

$$= e^{-i\omega t} z_0 e^{-\frac{i\hat{H}t}{\hbar}} \psi(x_0, p_0)$$

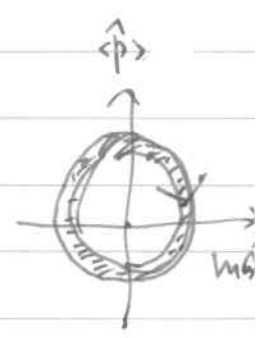
$$= z_0 e^{-i\omega t} \psi(x, t)$$

⇒  $\psi(x, t)$  仍然是  $\hat{a}$  的本征函数。

本征值为  $z(t) = z_0 e^{-i\omega t}$

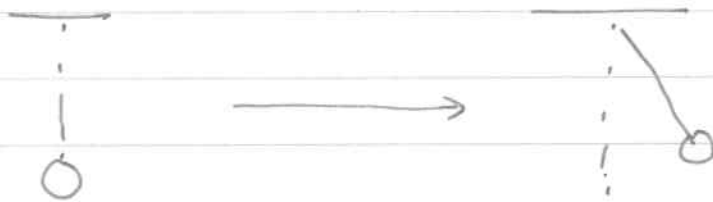
即  $\frac{m\omega \langle \hat{x} \rangle_t + i \langle \hat{p} \rangle_t}{\sqrt{2\hbar m\omega}} = \frac{m\omega x_0 + i p_0}{\sqrt{2\hbar m\omega}} e^{-i\omega t}$

$$\Rightarrow \begin{cases} \langle \hat{x} \rangle_t = x_0 \cos \omega t + \frac{p_0}{m\omega} \sin \omega t \\ \langle \hat{p} \rangle_t = p_0 \cos \omega t - m\omega x_0 \sin \omega t \end{cases}$$



相干小结:

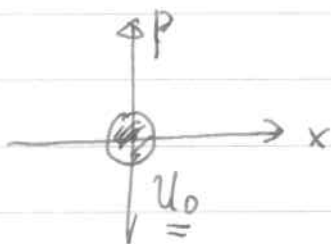
(上节课内容简介)



$$\psi(x_0=0, p_0=0)$$



$$\psi(x_0 \neq 0, p_0 \neq 0)$$



$$\psi(x) = c e^{i \frac{p_0 x}{\hbar}} e^{-\frac{m\omega(x-x_0)^2}{2\hbar}}$$

$$\hat{a} \psi(x_0, p_0) = z_0 \psi(x_0, p_0) = \frac{m\omega x_0 + i p_0}{\sqrt{2\hbar m\omega}} \psi(x_0, p_0)$$

$$\psi(x_0, p_0) = \sum_n C_n \mathcal{U}_n(x)$$

$$\psi(x_0, p_0, t) = e^{-i \frac{\hat{H} t}{\hbar}} \psi(x_0, p_0)$$

$$\hat{a} \psi(x_0, p_0, t) = \hat{a} e^{-i \frac{\hat{H} t}{\hbar}} \psi(x_0, p_0)$$

$$= e^{-i \frac{\hat{H} t}{\hbar}} e^{i \frac{\hat{H} t}{\hbar}} \hat{a} e^{-i \frac{\hat{H} t}{\hbar}} \psi(x_0, p_0)$$

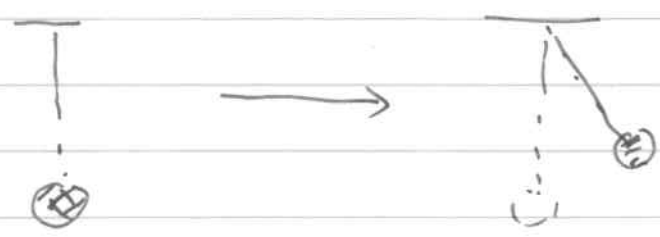
$$= e^{-i \frac{\hat{H} t}{\hbar}} e^{-i\omega t} \hat{a} \psi(x_0, p_0)$$

$$= z_0 e^{-i\omega t} e^{-i \frac{\hat{H} t}{\hbar}} \psi(x_0, p_0)$$

$$z(t) = z_0 e^{-i\omega t}$$

$$= z_0 e^{-i\omega t} \psi(x_0, p_0, t)$$

# 位移算符 (translation Operator)



$$\psi(x_0=0, p_0=0) \longrightarrow \psi(x_0 \neq 0, p_0 \neq 0)$$

$$\psi(x) = c e^{\frac{i p_0 x}{\hbar}} e^{-\frac{m\omega(x-x_0)^2}{2\hbar}}$$

简记为  $\psi(0,0) \xrightarrow{\hat{D}} \psi(x_0, p_0)$

$$\psi(x_0, p_0) = \hat{D} \psi(0,0)$$

↳ 位移算符

下面我们推导 D 算符的表达式:

1) 仅有  $x_0 \neq 0$ ,  $p_0 = 0$

$$\psi(x_0, 0) = c e^{-\frac{m\omega(x-x_0)^2}{2\hbar}}$$

考虑  $\hat{O} = e^{-a \frac{d}{dx}}$  算符.

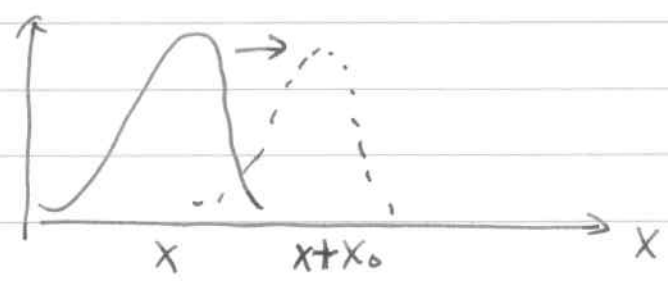


$$\hat{O} \psi(x) = e^{-a \frac{d}{dx}} \psi(x)$$

$$= \sum_{n=0}^{\infty} \frac{(-a)^n}{n!} \frac{d^n}{dx^n} \psi(x)$$

$$= \psi(x-a)$$

故  $\psi(x_0, 0) = e^{-x_0 \frac{d}{dx}} \psi(0, 0)$



$\hat{p}_x = -i\hbar \frac{\partial}{\partial x} \Rightarrow \hat{O} = e^{-ia \hat{p}_x / \hbar}$  位移算符

又因为  $\hat{p}_x = -i\hbar \frac{d}{dx} = i\sqrt{\frac{m\hbar\omega}{2}} (\hat{a}^\dagger - \hat{a})$

故  $\psi(x_0, 0) = e^{-\frac{ix_0 \hat{p}_x}{\hbar}} \psi(0, 0)$

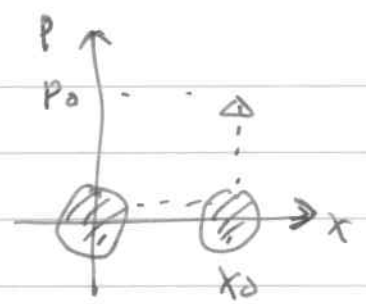
$$= e^{x_0 \sqrt{\frac{m\omega}{2\hbar}} (\hat{a}^\dagger - \hat{a})} \psi(0, 0)$$

$$= e^{z_0 (\hat{a}^\dagger - \hat{a})} \psi(0, 0)$$

$$z_0 = x_0 \sqrt{\frac{m\omega}{2\hbar}}$$

2)  $\psi(x_0, 0) \rightarrow \psi(x_0, p_0)$

$\therefore$  (在动量方向平移)



$$c e^{-\frac{m\omega(x-x_0)^2}{2\hbar}} \rightarrow c e^{\frac{i p_0 x}{\hbar}} e^{-\frac{m\omega(x-x_0)^2}{2\hbar}}$$

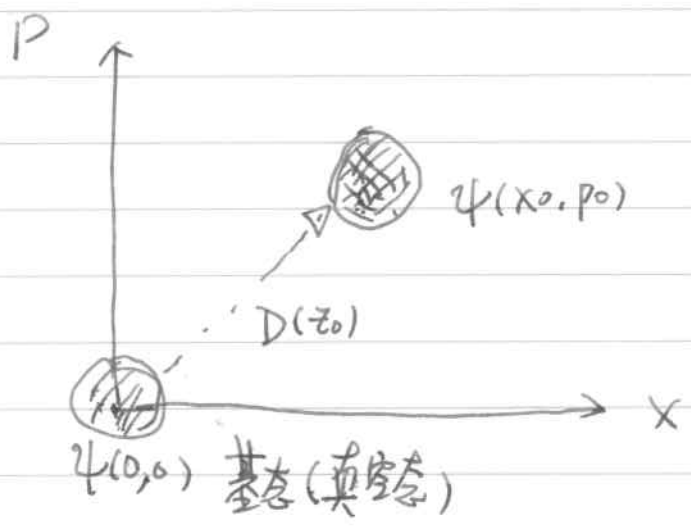


类似于  $e^{-i a \hat{p} / \hbar}$  方向  
 $e^{\frac{i p_0 x}{\hbar}}$  是沿着动量方向平移算符

将  $\hat{p}$  和  $\hat{x}$  算符用  $\hat{a}$  和  $\hat{a}^\dagger$  表示,  $(\hat{x} = i\hbar \frac{\partial}{\partial p})$

$$\Rightarrow \psi(x_0, p_0) = \hat{D} \psi(0,0) = e^{(z_0 \hat{a}^\dagger - z_0^* \hat{a})} \psi(0,0)$$

$$z_0 = \frac{m\omega x_0 + i p_0}{\sqrt{2\hbar m\omega}}$$



$$z_0 \hat{D}(z_0) \phi = [\hat{a}, \hat{D}(z_0)] \phi = \hat{a} \hat{D}(z_0) \phi - \hat{D}(z_0) \hat{a} \phi$$

$$\Rightarrow \hat{D}(z_0) (z_0 \phi + \hat{a} \phi) = \hat{a} \hat{D}(z_0) \phi$$

取  $\phi = u_0(x)$  简谐振子基态,

$$\hat{a} u_0(x) = 0$$

则有  $\hat{D}(z_0) z_0 u_0 = \hat{a} \hat{D}(z_0) u_0$

$$\Rightarrow \hat{a} (\hat{D}(z_0) u_0) = z_0 (\hat{D}(z_0) u_0)$$

↳ 相子态

\* 下面我们验证  $\hat{D}(z_0)$  是相干态

$$\psi(x_0, p_0) = \hat{D}(z_0) \psi(0, 0) = e^{(z_0 \hat{a}^\dagger - z_0^* \hat{a})} \psi(0, 0)$$

证明:  $[\hat{a}, \hat{a}^\dagger] = 1$

$$\Rightarrow [\hat{a}, z_0 \hat{a}^\dagger - z_0^* \hat{a}] = z_0 [\hat{a}, \hat{a}^\dagger] = z_0$$

$$\begin{aligned} [\hat{a}, (z_0 \hat{a}^\dagger - z_0^* \hat{a})^n] &= [\hat{a}, (z_0 \hat{a}^\dagger - z_0^* \hat{a})] \frac{\partial (z_0 \hat{a}^\dagger - z_0^* \hat{a})^n}{\partial (z_0 \hat{a}^\dagger - z_0^* \hat{a})} \\ &= z_0 \cdot n (z_0 \hat{a}^\dagger - z_0^* \hat{a})^{n-1} \end{aligned}$$

$$\begin{aligned} \Rightarrow [\hat{a}, \hat{D}(z_0)] &= [\hat{a}, e^{(z_0 \hat{a}^\dagger - z_0^* \hat{a})}] \\ &= \sum_{n=0}^{\infty} \frac{1}{n!} [\hat{a}, (z_0 \hat{a}^\dagger - z_0^* \hat{a})^n] \\ &= \sum_{n=0}^{\infty} z_0 \frac{(z_0 \hat{a}^\dagger - z_0^* \hat{a})^{n-1}}{(n-1)!} \\ &= z_0 e^{(z_0 \hat{a}^\dagger - z_0^* \hat{a})} \\ &= z_0 \hat{D}(z_0) \end{aligned}$$

将式(1)用在任意态  $\Phi$  上可得.

相干态和简谐振子能量本征态间关系

$$\textcircled{1} \quad e^{\hat{A}+\hat{B}} = e^{\hat{A}} e^{\hat{B}} e^{-\frac{1}{2}[\hat{A},\hat{B}]}$$

$$\hat{A} = z_0 \hat{a}^\dagger, \quad \hat{B} = z_0^* \hat{a}, \quad [\hat{A}, \hat{B}] = [z_0 \hat{a}^\dagger, z_0^* \hat{a}] \\ = -|z_0|^2$$

$$\Rightarrow e^{(z_0 \hat{a}^\dagger - z_0^* \hat{a})} = e^{z_0 \hat{a}^\dagger} e^{-z_0^* \hat{a}} e^{-\frac{1}{2}|z_0|^2}$$

$$\psi(x_0, p_0) = e^{(z_0 \hat{a}^\dagger - z_0^* \hat{a})} \psi_0$$

$$= e^{-\frac{1}{2}|z_0|^2} e^{z_0 \hat{a}^\dagger} e^{-z_0^* \hat{a}} \psi_0$$

$$= e^{-\frac{1}{2}|z_0|^2} e^{z_0 \hat{a}^\dagger} (1 + \hat{a} + \frac{\hat{a}^2}{2!} + \dots) \psi_0$$

$$= e^{-\frac{1}{2}|z_0|^2} e^{z_0 \hat{a}^\dagger} \psi_0$$

$$= e^{-\frac{1}{2}|z_0|^2} \left( 1 + z_0 \hat{a}^\dagger + \frac{(z_0 \hat{a}^\dagger)^2}{2!} + \dots \right) \psi_0$$

$$\therefore \psi_n = \frac{(\hat{a}^\dagger)^n}{\sqrt{n!}} \psi_0$$

$$\therefore \psi(x_0, p_0) = e^{-\frac{1}{2}|z_0|^2} \left( \psi_0 + z_0 \psi_1 + \frac{z_0^2}{\sqrt{2!}} \psi_2 + \frac{z_0^3}{\sqrt{3!}} \psi_3 + \dots \right)$$

$$= e^{-\frac{1}{2}|z_0|^2} \sum_{n=0}^{\infty} \frac{z_0^n}{\sqrt{n!}} \psi_n$$

$$\therefore U_n(t) = e^{-in\omega t} U_n$$

$$\therefore \psi(x_0, p_0, t) = e^{-\frac{|z_0|^2}{2}} \left( U_0 + z_0 e^{-i\omega t} U_1 + \frac{z_0^2 e^{-2i\omega t}}{\sqrt{2!}} U_2 + \frac{z_0^3 e^{-3i\omega t}}{\sqrt{3!}} U_3 + \dots \right)$$

$$= e^{-\frac{|z_0|^2}{2}} e^{z_0 \hat{a}^\dagger} U_0$$

和  $\psi(x_0, p_0) = e^{-\frac{|z_0|^2}{2}} e^{z_0 \hat{a}^\dagger} U_0$  相比

$$\Rightarrow \boxed{z_0(t) = z_0 e^{-i\omega t}}$$

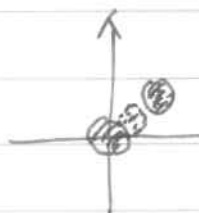
\* 相态彼此是不正交的, 但这组相态是完备的.

QM中: 物理可观测  $\leftrightarrow$  厄米算符  $\rightarrow$  本征值为实数  
 $\rightarrow$  本征函数正交

本征函数组是完备集合,

$\hat{a}$  非厄米,  $\Rightarrow$  本征值为复数, 是  $(x, p)$  平面中所有复数

属于不同本征值的本征函数是不正交的.

 例如:  $\psi(x_0, p_0)$  和  $\psi(0, 0) = U_0$

证明: 相干态是非正交的.

$$\psi(\alpha) = e^{-\frac{1}{2}|\alpha|^2} \sum_{n=0}^{\infty} \frac{\alpha^n}{\sqrt{n!}} U_n$$

$$\psi(\beta) = e^{-\frac{1}{2}|\beta|^2} \sum_{n=0}^{\infty} \frac{\beta^n}{\sqrt{n!}} U_n$$

$$(\beta, \alpha) = e^{-\frac{1}{2}(|\alpha|^2 + |\beta|^2)} \sum_{n=0}^{\infty} \sum_{m=0}^{\infty} \frac{(\beta^*)^m}{\sqrt{m!}} \frac{\alpha^n}{\sqrt{n!}} \underbrace{(U_m, U_n)}_{\delta_{mn}}$$

$$= e^{-\frac{1}{2}(|\alpha|^2 + |\beta|^2)} \sum_{n=0}^{\infty} \frac{(\alpha \beta^*)^n}{n!}$$

$$= e^{-\frac{1}{2}(|\alpha|^2 + |\beta|^2) + \alpha \beta^*}$$

$$\neq 0$$

$\Rightarrow \psi(\alpha)$  和  $\psi(\beta)$  不交

$$|(\beta, \alpha)|^2 = e^{-|\alpha - \beta|^2}$$

$\Rightarrow$  相干态随  $|\alpha - \beta|$  的增大而趋于正交。

\* 相干态是完备的

$$\frac{1}{\pi} \int \psi^*(\alpha) \psi(\alpha) d\alpha = 1$$

$\alpha$  是复数, 积分遍及整个复平面

# 压缩态 (Squeezed states)

相干态是一个最小不确定态

在满足  $\Delta X \cdot \Delta P = \frac{\hbar}{2}$  前提下, 如果  $\Delta X < \sqrt{\frac{\hbar}{2}}$  或  $\Delta P < \sqrt{\frac{\hbar}{2}}$

$\Rightarrow$  压缩态  $\Delta X < \sqrt{\frac{\hbar}{2}} < \Delta P$

或  $\Delta P < \sqrt{\frac{\hbar}{2}} < \Delta X$

